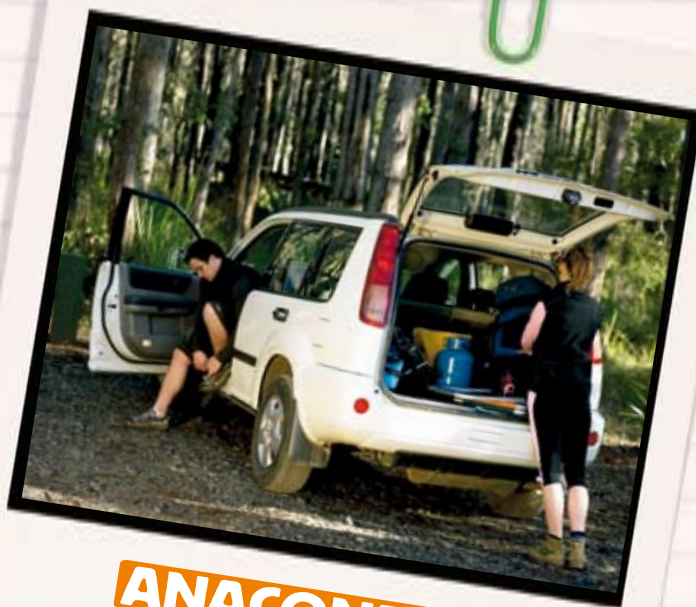


Travelling CHECKLIST

- Travel pack
- Roller bag
- Lightweight sleeping bag
- Inner sheet
- Travel pillow
- Money belt
- Passport holder
- Mesh bags and stuff sacks
- Travel wash bags
- Travel locks
- Security tags
- Luggage tag
- Clothes line
- Power adapters
- Multitool
- Map
- Travel guide
- Phrase book
- Waterproof pack cover
- Microfibre towel
- First aid kit
- Head lamp/torch
- Neck cushion
- Water bottle/hydration bladder
- Thermal base layer
- Fleece mid layer
- Wind/water proof outer layer
- Moisture wicking convertible pant
- Skirt
- Breathable active wear tops
- Shoes offering comfort & support
- Shoe care products
- Sandals/thongs
- Performance socks
- Sunhat/beanie
- Gloves
- Sunglasses
- Sunscreen
- Insect repellent
- Lip balm



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Notes:

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Travelling

LEAVE NO TRACE PRINCIPLES



Anaconda is a proud supporter and platinum sponsor of the Leave No Trace organisation, who educate Australians on how to minimise their impact and inspire responsible travel and recreation in our great outdoors.

Travelling our country or travelling the world broadens our horizons, helps us learn about new cultures and increases our life experiences. No matter the environment we visit, we need to take responsibility for our actions in it and preserve it for the future.



Plan ahead and prepare

Research and gather information on the areas you plan to visit. The more you know, the more fun you'll have.

Find out if you need special permits, visas and immunisations to enter the country.

Pack the right clothing for the environment & be prepared for any emergency or hazard.

Leave copies of important documents with a friend or family member back at home.

Travel and camp on durable surfaces

Always stay on the trails, don't wander off – you may damage fragile vegetation. Stick to durable surfaces such as rocks, sand, gravel & snow.

Respect private property and keep away, gain permission from private land holders to gain access. Use established campsites and do not alter the site in any way.

Minimise campfire impacts

Check local regulations and observe total fire ban days before lighting a fire.

Consider if a fire is really necessary. If you need a fire, use an established fire ring.

If there are no fire rings, build a minimum impact fire such as a mound or pan fire.

Use only dead and downed wood that is around 50cm long and no thicker than your wrist.

Ideally use a portable stove to cook and enjoy a candle for lighting.

Pack your cigarette butts into a small film canister or into your zip lock bag.

Leave what you find

Be respectful of indigenous art and cultural areas.

You may need to gain permission from local land owners to enter.

Leave rocks, shells, other natural objects and historical artefacts as you find them, take lots of photos instead.

Leave these objects for others to enjoy. Wear soft soled shoes at your campsite to minimise impact.

Dispose of waste properly

"Pack it in, pack it out". Take out all rubbish, left over food and litter in stuff sacks or zip lock bags.

Always use local bathrooms, and if you can't, deposit human waste into a "cat hole" about 20cm deep and cover thoroughly. Do this 100m away from any water source.

Respect wildlife

Store your food in containers animals cannot access.

Observe all wildlife from a distance. Be aware of their habitat and respect it by leaving it alone. Never feed wildlife as it can make them reliant on human food and damage their digestive systems.

Be considerate of your hosts & other visitors

Think about other visitors that are enjoying their experience of the area they are visiting and try to keep noise to a minimum. Let nature's sounds prevail and keep "electronic urban sounds" at home. Be respectful of culture and tradition and always ask about appropriate behaviour in these areas.